

**Cary Area AARP Chapter # 3976**  
**Minutes of the Business Meeting:**  
**April 7, 2026**

The meeting was called to order by President Peggy Gutman, at 1:00 P.M. at the Pleasant Grove Church, Cary, NC.

**Attendees:** ☒ **Members: 45**

**Guests: 3**

Prior to the meeting, members participated in games and social activities during social time. Peggy announced that tickets for the 40<sup>th</sup> anniversary party to take place on June 2<sup>nd</sup> are available. Members can purchase tickets from Darlene today.

At 1:00 P.M. Peggy opened the meeting by welcoming everyone. She recognized the new members and guests.

She asked if anyone is celebrating birthdays, anniversaries, or a special day. Congratulations were extended to all. We now have a greeting card account, and we will be sending e-cards to our members.

**Secretary report:**

March 3<sup>rd</sup>, 2026, Business Meeting minutes were approved unanimously. The minutes were emailed.

**Treasurer report:**

Joel reported a balance of \$2,769.80, including \$100 in Petty cash. The treasurer report was approved unanimously. Joel presented the 2026 Budget. 2026 Budget is \$5,225. Since we do not have the Yard Sale this year, our income is lower. We will determine donations at the end of the year based on our funds. He reminded members to make sure their 2026 dues are paid.

**Legislative report:**

Connie Speer asked everyone to check our website for a complete report. Some topics are voting registration/id and fraud protection. There is more information on how to register and how to contact your senator.

**Hospitality committee:**

Angela thanked everyone for bringing snacks and baked goods. Also, there is a jar by the table if anyone wishes to contribute towards the snacks.

### **Volunteer recognition:**

The Total Life volunteers were recognized for their hard work and thanked for their dedication and service. Each one received a certificate and a gift.

### **Volunteer committee:**

Peggy asked for members to visit the back table where they can sign up for volunteering. There is a sign-up sheet for each organization we support and a slip with information on how to volunteer for them. The tracking sheets to record the volunteer hours are also available.

**All occasion cards:** Donna distributed 500 cards to five (5) different institutions.

### **Social committee:**

Kim is working on the Chapter's 40<sup>th</sup> anniversary. Tickets for June social event are available today, price \$25.00. In December, we are planning a party in the Senior Center. Althea mentioned that having the event at the Sr. Center is more affordable. The December luncheon at Prestonwoods has been cancelled. Members were polled and there was no interest in continuing this tradition.

There are 11 members on the social committee. Please sign in if you wish to join the committee.

### **Programs Committee:**

Anita directed everyone to our website; here you can find information on the programs.

Grace invited everyone to the "Walk to Cure Arthritis" event on May 2, 2026, at the Fenton mall in Cary.

### **New Business: None**

### **Presenters:**

Anita introduced Ms. Saroj Pramlani. Ms. Pramlani talked about the benefits of breathing, meditation, and laughter. There was a session of questions and answers at the end.

### **Dorcas food drive:**

Donated items will be delivered to Dorcas after the meeting.

**50/50 and raffle:**

We have one winner for the 50/50 cash prize.

The meeting was adjourned by the President at 2:30 P.M.

**Next meeting:** May 5, 2026      **Place:** Cary Sr. Center      **Time:** 12:30 PM – 2:30 P.M.

Submitted by:            I. Ortiz (Secretary)

Date:                      April 12, 2026

Reviewed by:            Peggy Gutman